

**“Possessing True Joy”**  
**Philippians: A Book Study (1)**  
**5/25/08**

**Introduction**

Philippians is a Christian psychology book, based solidly on Biblical doctrine. It isn't a shallow "self-help" book.

**Identifying the Thieves that Steal the JOY**

1. C \_\_\_\_\_

2. P \_\_\_\_\_

3. T \_\_\_\_\_

4. W \_\_\_\_\_

**POSSESSING JOY** – the joy that is rightfully ours in Christ Jesus is crucial. How? A. – Cultivating the right kind of mind. Four attitudes serve as an umbrella which will produce joy in spite of circumstances, people, and things, and that will keep us from worrying.

1. – **THE S** \_\_\_\_\_ **MIND** (Philippians 1)  
Cross Reference: James 1:8

2. – **THE S** \_\_\_\_\_ **MIND**  
(Philippians 2)

3. – **THE S** \_\_\_\_\_ **MIND**  
(Philippians 3)

4. – **THE S** \_\_\_\_\_ **MIND** (Philippians 4)

It *IS* possible to live a life of Christian joy in spite of circumstances, people, and things, and we don't need to worry when the going is difficult. Putting it into practice....*HOW???*