

“Possessing True JOY”

Philippians: A Book Study

“The Secure Mind”

11/2/2008

Text: Philippians 4:4-9

“⁴ Rejoice in the Lord always; again I will say, Rejoice. ⁵ Let your reasonableness be known to everyone. The Lord is at hand; ⁶ do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. ⁷ And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus.

⁸ Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things. ⁹ What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.” (ESV)

This passage offers us three prescriptions – taken together – that assure us of defeating the numbing/crippling effects of worry and owning a SECURE MIND.

1. PRESCRIPTION #1 – RIGHT – v.6-7

Paul gives us here three different words ...

Prayer

Supplication

Thanksgiving

This is not something every Christ-follower comes equipped to do immediately.

2. PRESCRIPTION # 2 - RIGHT – v.8

⁸ Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Cross references:

3. PRESCRIPTION #3 – RIGHT – v.9

⁹ What you have learned and received and heard and seen in me—practice these things, and the God of peace will be with you.”

Cross references: